

Beginner

Design Options

- Crochet a medallion or a flower, or attach a button to attach to each “rung” on the Gladiator

- Add a bow to the Costa del Sol

- Add a bit of height to the “peep” by including a heel insert as per instructions on last page.



The Gladiator



The Costa del Sol

The Peep



Crochet Espadrilles

Materials:

- 3.5-4 oz cotton yarn (Gladiator-1 skein Taiyo by Noro; The Peep-1 sk each of 2 colors Debbie Bliss Eco Cotton Aran; Costa del Sol- 1 sk Patagonia)
- Crochet Hook K (sole) & I (upper) or whatever gives you the gauge
- 400 yds of Jute or Hemp for the soles

Gauge: **Sole = 3 sc/inch**
 Upper = 4 sc/inch

Soles-make 2/foot

Measure your foot length in inches.

Multiply this by 3 and then divide by 2. Round down or up if you have a fraction. This gives you how many chains to start with. (For my foot, which measures 9.5”, I chained 14 to start with). This formula is based on my stitch/row gauge so won’t work if you have a different gauge.

Chain the number you derived above.

Mark the center chain with a split ring marker.

RND 1: Work 3 sc in the 2nd chain from the hook. Work 1 sc per chain down to marker. Now work 1 dc per chain to last stitch (toe stitch).

Work 5 dc in this last stitch. DO NOT TURN. Instead, you are going to work down the “other” side of the original chain you started with. You are NOT working into the sc and dc you just did. The soles are worked in the round, not flat back and forth.

Work 1 dc per chain back down the “other” side of the original chain to the split ring marker. Now work 1 sc per chain down to the end.

RND 2: ch 1, work 2 sc in each of the next 2 sc for heel. Work 1 sc in each stitch down to stitch just BEFORE the 5dc cluster. Work 2 sc in each dc of

Soles, cont'd.

5dc cluster. Work 1 sc in each stitch back to heel.

RND 3: ch 1, sc 2/1/2 (this means work 2 sc in the next stitch, 1 sc in the following, and 2 sc in the third stitch), sc in each stitch down to marked stitch. Sc 2/1/2/1/2/1/2/1/2/1. Work sc in each stitch back to heel.

RND 4: ch 1. sc to first marker. Either dc or hdc (if you have a wider foot, use dc and for a narrower foot, use hdc) in each of the stitches to the toe marker. Sc 2/1/2/1. Work hdc (whether you have a wide or a narrow foot) in each stitch back to heel. Slip stitch to first stitch and break off yarn.

Make 4 soles. You will then slip 2 together to make just 2 soles of double thickness. On round 4 is where you differentiated the ball of the foot from the outside of the foot. So remember when you go to join the soles together to form the double thickness that you need to flip or orient the soles before slip stitching so that you have a left and a right foot.

Doubling the Soles

Holding 1 sole atop the other, slip stitch them together going thru both edge stitches on the top sole and only 1 edge stitch of the bottom sole. I went thru the front edge stitch of the bottom sole, but whatever you choose, just be consistent. If you've made 4 soles, after this step, you'll have 2 doubled soles.

Gladiator

Center Strip:

Chain 7. Starting 2nd chain over from hook, sc 6. Work sc in every stitch every row for 1".

Fold the piece in half to create an opening (thru which the toe strap will go later) and close it by crocheting the stitches together on the next row.

Continue working sc in every stitch of every row, creating a 2 sts button hole in the center of 1 row every inch after the "foldover" for the toe strap, 3 times (one for each other foot strap).

Work even over the 6 sts for another 4" and create another 2 st button hole. Work even for 2 more rows.

Toe Strap: Chain 14.

Row 1: Starting 2nd chain over from hook, sc in each stitch to end. Turn,

Row 2: Ch 1, sc into each of the 5 sts, skip 3 sts, but chain 3 free, sc into each of the next 5 sts. Turn,

Row 3: Ch 1, sc to end (the center 3 sc are into the 3 chains of the previous row). Break yarn & weave in end.

1st Foot Strap: Chain 16.

Row 1: Starting 2nd chain over from hook, sc in each stitch to end. Turn,

Row 2: Ch 1, sc into each of the 6 sts, skip 3 sts, but chain 3 free, sc into each of the next 6 sts. Turn,

Row 3: Ch 1, sc to end (the center 3 sc are into the 3 chains of the previous row). Break yarn & weave in end.

2nd Foot Strap: Chain 18.

Row 1: Starting 2nd chain over from hook, sc in each stitch to end. Turn,

Row 2: Ch 1, sc into each of the 7 sts, skip 3 sts, but chain 3 free, sc into each of the next 7 sts. Turn,

Row 3: Ch 1, sc to end (the center 3 sc are into the 3 chains of the previous row). Break yarn & weave in end.

Gladiator, cont'd.

Ankle Strap: Chain 20

Row 1: Starting 2nd chain over from hook, sc in each stitch to end. Turn,

Row 2: Ch 1, sc into each of the 8 sts, skip 3 sts, but chain 3 free, sc into each of the next 8 sts. Turn,

Row 3: Ch 1, sc to end (the center 3 sc are into the 3 chains of the previous row). Break yarn & weave in end.

Heel Strap: Chain . Slip st to bottom edge of ankle strap.

Slip st up one row of ankle strap, sc across heel strap to end and slip stitch to other end of ankle strap.

Slip st up one row in ankle strap, sc back across heel strap and slip stitch to other end of ankle strap.

Continue in this manner until the heel strap is as many rows as you desire (I worked 4 rows).

Work 1 row of single crochet around ankle opening created by attaching the heel strap to the ankle strap. Weave in end.

Ties:

Crochet a chain 12" long (or desired length), slip stitch to one ankle strap corner (where ankle and heel meet), work slip stitch across top of ankle strap to other corner where ankle and heel straps meet) and then chain another 12" (or desired length) to form the calf ties.

Costa del Sol

Starting at the toe, chain 7.

Row 1: Starting 2nd chain from hook, sc in each ch across row, . Turn.

Row 2: Ch 1, sc back, working 2 sc into the first and last sts of the row and just 1 sc in each of the other sts in the row.

Repeat rows 1 & 2, 6 times total or until you have enough fabric to reach from your toe to about 2 fingers width past the ball of your foot. Weave in end.

Center Tab:

Work sc for 2.5 inches over center 4 sts of toe piece just made.

Heel:

Ch 40. Turn and work sc in each stitch. Turn.

Row 1: Ch 1, work sc in each stitch. Turn.

Row 2: Ch 1, decrease 1, work sc across to last 2 sts, dec 1. Turn.

Repeat two rows twice more. After last row, do not turn, but chain enough sts to wrap ankle and meet the 4 st tab, slip stitch to tab, chain the same number you did to get to the 4 st tab, and now slip stitch to other side of heel. Work 2 rows of sc around ankle, decreasing a couple sts on last row at the corners where the ankle strap meets the heel.

The Peep

Toe & Instep Piece:

Using Color 1, chain 18. Starting at 2nd chain over from hook, sc every stitch for 3 rows. On fourth row, work 2 sc in the first and last sts (increase 2 sts).

Change color and work sc in each stitch for 3 rows. On fourth row, work 2 sc in the first and last sts to increase another 2 sts.

Continue changing color and increasing on every 4th row until you have 7 stripes.

The Peep, cont'd.

Heel Piece:

Using color 1, chain 36.

Row 1: Starting 2nd chain over from hook, work 1 row of sc.

Row 2: ch 1, sc 11, dec 1, sc 8, dec 1, sc to end.

Change to color 2. Repeat rows 1 & 2, working one less sc before the first decrease and 2 less sc before the second decrease on each second row.

Continue in this manner, repeating rows 1 & 2 and changing color with each 2 row repeat until you have 6 stripes, or the height you desire.

Connect heel to toe piece:

Pin the toe to the heel piece while it is over your foot, so you secure a good fit....one that you can slip into, but that won't fall off as you walk.

Using whichever color you choose, work 1 row of sc around ankle opening created by pinning the pieces together, slip stitching the toe piece to the heel piece at the corners.

If desired (its not necessary, since they will be stitched together as you stitch the uppers to the soles later), slip stitch the "seam" where the heel and toe piece overlap from the ankle opening down to the sole.

Attaching the Uppers to the Soles

Pin the upper to the soles so that your "50 yd lines" (i.e. sides) and both "goal posts" (i.e. toes and heel) are centered the way you want them to the soles.

Starting at the instep (just so the join, if not neat, is hidden between the legs), sc the upper to the sole top. I work thru both the edge sts of the upper and just 1 stitch from the sole, but you can do whatever you like. Just be consistent. On one pair, I worked thru both stitches of both the upper and the sole and rather liked the very pronounced edge it gave, but it was harder on my hands. I have found that working thru just 1 loop of the sole is still very secure and easier on the hands.

If you're doing the Gladiator, you'll want to work the sc all around the footbed, even where you don't have straps to attach, or the sole will look strange.

Heel Inserts

If you want to add a bit of height to any of the espadrilles, just make 1 or 2 (depending on the height you desire) additional soles, but only making the "heel" portion of the directions. So start with half as many chains, and instead of working "around", just work back and forth so that you are only recreating the "heel" portion of the sole.

After you've make 2 of these, slip stitch them together. Then position these on top of the bottom sole (before you stitch the two full soles together) and slip stitch these to the bottom sole.

Then place the second "full" sole over the bottom sole (which has the 2 heel inserts stitched into it) and slip stitch these together as described under "Soles".